

Yogeswari workshop & Fundraiser for Azahar



FRIDAY, JUNE 5

7 - 9 PM

- Jivamukti Master Class - Twists & Śīrṣāsana (Headstand)
- \$50



SATURDAY, JUNE 6

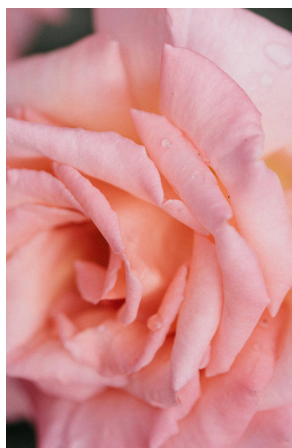
10PM-11:30 PM

- Jivamukti Master Class - Standing Āsana
- \$32 drop-in or YoLA Membership/class pass applicable



2PM-4:30 PM

- Workshop - A Deep Dive into Hips
- \$75



SUNDAY, JUNE 7

9:30AM-12 PM, LUNCH @ 12PM

- Fundraising Class for AZAHAR Foundation
Jivamukti Yoga for All Levels -
Backbends & Heart Opening



12PM

- Lunch and informal discussion
- \$75 - \$150

SPECIAL \$225 for all four sessions
email:studio@yogaoflosaltos.com

Yogeswari is an advanced certified Jivamukti instructor known for her dynamic Vinyāsa sequencing and wisdom. She taught for over 20 years at the Jivamukti School in New York City. Her background in dance and choreography brings artistry and vibrancy to her sessions. She is also the founder of the AZAHAR Foundation, an international nonprofit promoting peace through yoga, meditation and the arts, with a focus on supporting women and children in conflict-affected communities.



AZAHAR Foundation